

Downingtown Area School District

Nursing Department

Standing Medication Orders – August 23, 2019 through August 23, 2020

The following medications may be administered by the school nurse with written parent/guardian permission from the DASD Medication Permission via the current electronic medical documentation or a written medication emergency card during regular school hours at the discretion of the nurse.

- **Acetaminophen 650 mg. by mouth every 4 – 6 hours** for children 12 and older as needed for relief of fever, and minor aches and pains. Do not take more than 12 tablets in 24 hours.
- **Acetaminophen 325 mg. by mouth every 4 – 6 hours** for children 6 – 11 as needed for relief of fever, and minor aches and pains. Do not use regular strength for children under the age of 6. Do not take more than 5 tablets in 24 hours.
- **Acetaminophen 160 mg Junior Strength chewable tablets by mouth every 4 hours**, two to four tablets (based on weight or age per package directions) as needed for children ages 6 to 11 for relief of fever, and minor aches and pains.
- **Acetaminophen 80 mg Children’s chewable tablets by mouth every 4 hours**, three tablets for ages 4-5, four tablets for ages 6-8, as needed for fever, and minor aches and pains. Do not take more than 5 doses in 24 hours.
- **Ibuprofen 200 mg. one to two tablets by mouth every 4 to 6 hours** for adults and children 12 years and over for relief of fever, and minor aches and pains. The smallest effective dose should be taken. Do not exceed 6 tablets in 24 hours.
- **Ibuprofen Junior Chewable 100 mg. by mouth every 6 – 8 hours** by weight and age; age 4-5 1.5 tabs ; 6-8 2 tabs; 9-10 2.5 tabs; 11 and up 3 tabs. Do not use more than 4 times a day
- **Ibuprofen Children’s Chewable** as recommended per package for children 6-12 years of age.
- **Ibuprofen Children’s oral suspension 100 mg. per 5 ml. by mouth** – 24-35 lbs. (2-3 years) 1 tsp. or 5 ml.; 36-47 lbs. (4-5 years) take 1.5 tsp. or 7.5 ml.; 38-59 lbs. (6-8 years) – 2 tsp. or 10 ml.; 60-71 lbs. (9-10 years) – 2.5 tsp. or 12.5 ml.; 72 – 95 lbs. (11 years) – 3 tsp. or 15 ml. for pain/fever.
- **Benadryl 12.5 mg. to 25 mg. by mouth** for children 6 to 12 years of age, 25mg. to 50 mg. by mouth for children over 12 years as needed for treatment of acute allergic reactions. For children 3-5 years of age consult private physician.

- **Maalox, tums, or Generic Antacid 1-2 tablets** by mouth as per package for the relief of heartburn, sour stomach and indigestion. Do not exceed 6 tablets per day.

The following medications may be administered by the school nurse as part of the first aid treatment of students:

- **Albuterol Sulfate, 0.83%** via nebulizer q 4 hours PRN for wheezing, coughing or shortness of breath
- Lip balm or Vaseline for treatment of chapped lips.
- Caladryl, Calahist, Caldyphen and Calamine lotion for the relief of pain and itching due to minor skin irritation
- Sting Kill Swabs for temporary relief of discomfort from insect stings
- Anbesol/Orasol for the treatment of minor mouth discomfort
- NSS gargle for the relief of throat irritation/sore throat.
- Cough drop – 1 drop to dissolve slowly in mouth. May be repeated every 2 hours as necessary.
- Sterile saline as needed for eye discomfort such as allergies or foreign bodies.
- Oxygen via mask 6-10 liters for students having difficulty breathing. Call 911 if oxygen is used.
- ST 37 for the treatment of minor abrasions.

The following medications may be administered by the school nurse or trained individual as part of the first aid treatment of students and adults:

- **Epinephrine Auto Injector 0.3 mg** injected intramuscularly into the outer thigh for life-threatening allergic reactions in children weighing over 30 kilograms (66 pounds).
- **Epinephrine Junior Auto injector 0.15 mg** injected intramuscularly into the outer thigh for life-threatening allergic reactions in children weighing less than 30 kilograms (66 pounds)

The following medications may be administered by the school nurse as part of treatment of an adult who is experiencing signs and symptoms of a heart attack:

- Administer Aspirin 325 mg. by mouth, have adult sit or lie down, call 911, have AED at scene.

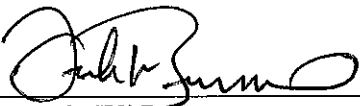
The following medication may be administered by the school nurse as part of the treatment of an opioid overdose:


Narcan Nasal Spray® (naloxone HCl)

- **Dose:** 4 mg. dose of naloxone in 0.1 mL intranasal spray into one nostril to a person suspected of opioid overdose. May repeat every 2 - 3 minutes, if

available, until the person responds or emergency medical help is received.
Administer each dose of naloxone in alternate nostril.

- **Route of Administration:** Intranasal spray
- **Administration:** Administration of Narcan (naloxone) may be administered by the designated individuals who have taken the approved Department of Health course(s) and have been approved by the Downingtown Area School District School Board Policy.
- **Directions for Administration:** Follow Narcan Quick Start Guide – Opioid Overdose Response Instructions.
- **Age:** Intranasal may be used in children 1 year and older.
- **Expiration Date of Order:** August 23, 2020

School Physician's signature  Date 9/4/19
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School Physician's signature  Date 9/4/19
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