

December 20, 2019



Downingtown East Weekly Updates from the Principal...

College Admissions and the Holidays:

Just as the holidays are in full swing, so is the college admission season. At a time when family and friends are gathering for celebrations, emotions can be running high for college-bound high school students. Seniors are receiving decisions from early admission schools and trying to process this news, which can be cause for celebration or deep disappointment. Others are enduring the long wait for decisions in the spring that can feel never-ending. The collision of holiday gatherings and the college admission cycle has the potential to create great angst for the young people you care about, and who may be trying to distract themselves from the reality of their futures. Conversations at gatherings could involve questions about where students have applied, where they have been accepted, what colleges other relatives or friends are going to, and usually others' opinions of various schools. While well-meaning, these dialogs could create some challenging moments. Before this occurs, here are some tips to share with your senior:

- Don't be afraid to move the conversation in a direction that's more comfortable for you
- Focus on your successes in your current classes or interesting topics you're studying
- Talk about what you love to do outside of the school day
- Talk about *what* you are looking forward to in college rather than *where* you will go, such as majors, minors, activities, study abroad opportunities, and internships
- Turn the focus of the conversation to them; ask questions regarding their current situation
- If necessary, respectfully exit the conversation

Remember- it's up to your student to decide how much they want to share about their college admissions experience.

Upcoming Activities:

12/20 – Last day of school for the winter recess – school reopens Thursday, January 2nd.

1/8 – **Winter Band Concert** at 7pm in Auditorium.

1/11 –Ithaca College's **Premium Blend** workshop and concert at 7pm. \$5 tickets sold at the door. Workshop begins at 2 pm. Sign-ups in the Chorus room. See flyer at the end of this newsletter.

1/15 – Early Dismissal for students at 12:40 pm. Professional Development for faculty.

1/20 – School and Offices are closed! Martin Luther King holiday!

General Announcements:

1. Revolution Prep is offering live webinars for the PSAT! There is no cost to register for these informational sessions on how students can start investing time and effort today to increase scores and confidence for future exams such as the ACT and SAT. They will also cover how tests such as the PSAT fit into the larger college admission picture so that students can best balance the competing interests of grades, testing, and extracurricular activities. Sign-up now for the January 8th session. For more information, contact Hope Goldberger at 267.776.4098 or hope.goldberger@revolutionprep.com. Register for an upcoming webinar at www.revolutionprep.com/webinars.

2. Kutztown University will host a hands-on **Graphic Design Camp** for sophomores, juniors, and seniors to learn more about a career in graphic design. Students will explore their creativity and critical thinking abilities, as well as learn how they can impact society through design. Lunch will be provided and Kutztown University Communication Design students' awesome creative works will be presented. The date is **Saturday, January 11th, 9 a.m. to 3 p.m.** and the cost is \$10. Contact the Communications Design Department for more information and to register at 610-683-4530 or traylor@kutztown.edu

3. Donations are needed for the **Prom Dress Sale Event** scheduled for **Monday, March 30th from 4-7 p.m.** at the **Bold & Beautiful Salon** in Downingtown. **ALL gowns will be \$25!!** Donated dresses should be modern, age appropriate and dry cleaned, and may be dropped off at the Main Office at all three high schools. Proceeds from this sale are used to offset prom expenses for students in need! See flyer at the end of this newsletter.

Senior Announcements:

1. Yearbook Friends and Family ads for seniors are **due by December 31st**! Log on to yearbookcenter.com and enter code 4846 to purchase an ad!

2. Attention All 18 year-old males: Please remember to sign up for the U.S. Selective Service System: it takes 45 seconds to register online at [SSS.gov](https://www.sss.gov) and it is the law! Online and print material is available at <https://www.sss.gov/Resources/Resources>

Attention Sophomores & Juniors...

1. Registration for Pennsylvania Free Enterprise Week (PFEW) is NOW open! This is a great summer opportunity to learn about leadership, explore different careers in the business world and connect with business leaders across the state. Thanks to generous donors the cost for the week on a college campus is only \$295 and scholarships are available. Visit <http://www.pfew.org> for more details!!! Also, this would make a great graduation project!!

Graduation Projects:

1. West Bradford Little League needs someone to help manage the snack bar for baseball season April-June. Help with opening and closing the snack bar, inventory, stocking and sales. Contact Keli Laverty if you are interested at kelilaverty@gmail.com or 610-350-8748.

2. Need a Grad Project? If you love animals consider volunteering at **Spay and Save**, an animal rescue in Chester County that needs help with cage maintenance, website help, fostering cats or dogs, adoption events. And more. Check out www.spayandsave.org and/or contact them at thankyou@spayandsave.org.

Employment Opportunities:

1. New in Downingtown! **Barndawgs** will be serving gourmet hot dogs and they need part-time help. Email Barney@barndawgs.com if you are interested.

2. Five Guys Burgers and Fries will be opening soon in their new location in the Brandywine Square Shopping Center. All shifts are needed, competitive pay is offered as well as bonuses and tips. Interested students should email rockham1923@rockham.com.

3. In preparation for the **2020 Census**, applications are now open for Census takers. You must be 18 to apply, and the pay is \$19.50 per hour. For more details and application information visit www.2020census.gov/jobs.

4. Love Animals? **PetValu** in Lionville is hiring customer service representatives! MUST be 18 to apply. Stop in to inquire about joining the team or call 610-524-1253.

5. The Medicine Shoppe pharmacy in Guthriesville needs part-time help Monday-Friday from 4-7 p.m. and weekend shifts are Saturdays 9-3 and Sundays 10-2. This is a great opportunity for anyone interested in pharmacy or healthcare — must be 16! If you are interested stop by for an application or call 610-269-7368 and ask for Diana.

6. Colonial Woods Personal Care Home in Glenmoore needs a part-time cook available 4-8 p.m. during the week or weekends. Prior food handling experience preferred but will train! Salary is \$11-11.25 per hour. Contact Michael Corkran at michaelcorkran1@gmail.com. For more information on Colonial Woods visit www.colonialwoodspersonalcare.com.

7. Are you artistic, detail-oriented and love teaching others?? **Board and Brush Creative Studio in Downingtown** is hiring assistants to help customers with their wood projects. MUST be 16 to apply and available evenings and weekends. Email downingtowntown@boardandbrush.com, include your resume or background, availability and feel free to include a fun random fact about yourself!

8. UPS is hiring package handlers in their West Chester facility. Two shifts are available: 4-9 a.m. or 6-10 p.m. \$14 / hour, up to \$5,250 per year in tuition reimbursement, full medical benefits after 9 months, retirement benefits and opportunities for promotion. Apply online at: upsjobs.com or text UPSJOBS to 33588.

9. Uno's Pizzeria & Grill in Exton is hiring servers and hosts. Students must have weekend availability. Servers must be 18 and Hosts must be 16. NO experience necessary and schedules are flexible. Apply in person, and immediate interviews available 2-4 p.m. daily at [8 N. Pottstown Pike, Exton, PA 19341](#).

10. The Downingtown Bowling Palace is accepting applications for Party Host and Hostess positions. Hours are flexible, fun atmosphere and a chance to learn customer service skills. Must be 16 years or older to apply. **Apply in person at 977 E. Lancaster Avenue in Downingtown.**

11. Home Sense in Exton is hiring 10-15 part time associates with average hours 16-29 per week. Interviews onsite welcome. Or contact Danielle Buchter, District Manager, at Danielle.Buchter@TJX.com.

DE Home & School News!

1. The Home and School Association is bringing back the **SPRING CRAFT SHOW** after a 2-year hiatus! If interested in volunteering for this event, please email Paula Comber at: pecomber@verizon.net today! A kick-off meeting will be scheduled shortly. Historically, this has been the only fundraiser for Home and School. Stay tuned and like our Facebook Page for more information: Downingtown East Home and School.

Athletics – Varsity Teams – Go Cougars!

12/20 - Swimming Vs. Kennett at 3:30 pm

12/20 – Girls' Indoor Track at Lehigh at 6:30 pm

1/2 – Boys' Basketball at Coatesville at 7pm

1/2 – Girls' Basketball vs. Coatesville at 7pm

1/3 – Swimming at Shanahan at 3:30 pm

BIOLOGY KEYSTONE REVIEW SESSIONS

Sessions will run from 2:45 pm – 3:45 pm

Students are encouraged to come with questions regarding the topic being reviewed.

DATE	CONTENT TO BE COVERED
Monday, December 2 nd	A1 – Basic Biological Principles
Thursday, December 5 th	B1 – Cell and Cell Division
Monday, December 9 th	A4 – Homeostasis & Cell Transport
Thursday, December 12 th	B2 - Genetics
Monday, December 16 th	B3 - Evolution
Thursday, December 19 th	B4 - Ecology
Thursday, January 2 nd	A3 - Bioenergetics
Monday, January 6 th	A2 - Chemical Basis of Life

Sign up at: <https://tinyurl.com/debiology>

Or use the QR code:



ITHACA COLLEGE'S

PREMIUM BLEND



JOIN US FOR A WORKSHOP & CONCERT AT DEHS

Saturday January 11, 2020

7pm Concert

\$5 tickets sold at the door

College & Beyond - Is Your Vision

20/20? 🧐

Presented by the...

Downingtown East & West Counseling Departments

Monday • January 27 • 6:30 - 8:30 p.m.

Snow Date – Monday, February 3

Downingtown High School EAST Campus

ALL District Parents and Students are invited

6:30 p.m. - Keynote: The College Search - Focus on Your Future

- Jeremy Branch – Penn State University
- Catherine Campbell-Perna – Drexel University
- Jacquelyn Gress – West Virginia University
- Amber Moore – Delaware County Community College
 - Jim Van Blunk – Temple University

Drop-In Workshops –

Session I: 7:10 - 7:45 p.m. & Session II: 7:55 - 8:30 p.m.

- **Degrees That Work: 2-Year vs 4-Year Options**
Stephanie Chupela & Angela Hanna -- Counselors
Warren Taylor -- Thaddeus Stevens College of Technology / Rooms 301–303
- **Your Insight into Financial Aid**
Deanna Foley – DCCC / Library
- **Career Planning – Be a Visionary**
Dr. Troy Podell & UPS Representatives / Room 307
- **College Admissions – Perception vs Reality**
College Representatives / Cafeteria

Please **RSVP** to cwick@dasd.org by **1/24/20** with the number of parents and students who plan to attend, grade level, and school.

DOWNINGTOWN AREA SCHOOL DISTRICT

PARENT SPEAKER SERIES

7:00 PM AT DASD CENTRAL OFFICE

SEPTEMBER

17

INTERNET SAFETY Learn how to better understand the internet, where kids learn to use it and how to build healthier boundaries.

OCTOBER

15

ACCESSING BEHAVIORAL HEALTH SERVICES Learn how to access treatment in the community and better understand levels of care.

NOVEMBER

19

MANAGING GRIEF AND LOSS The holidays can be an especially difficult time for those facing grief and loss. Learn tools to help manage your emotions and find support in the community.

JANUARY

21

MENTAL HEALTH AWARENESS What are the signs of depression and suicide? How can you protect your child? Answer these questions and more while learning best practices to keep your child safe.

FEBRUARY

18

DRUG TRENDS AND VAPING IN YOUTH What are the signs and symptoms of substance use and vaping? Learn how to recognize these behaviors in children and find support.

MARCH

17

ORGANIZATIONAL STRATEGIES FOR YOUTH Learn strategies and tools to help your child reach success inside and outside of the classroom.

APRIL

14

POST-GRADUATION MENTAL HEALTH Learn how to support your child in the transition to college and help them to find access to mental health care during the post-secondary years.

MAY

19

EMBRACING SUMMER! Learn strategies for a successful summer, including ways to manage the summer transition and downtime in order to build inner resources and resilience in our kids.



MORE INFORMATION AVAILABLE AT WWW.DASD.ORG/PARENTSPEAKER

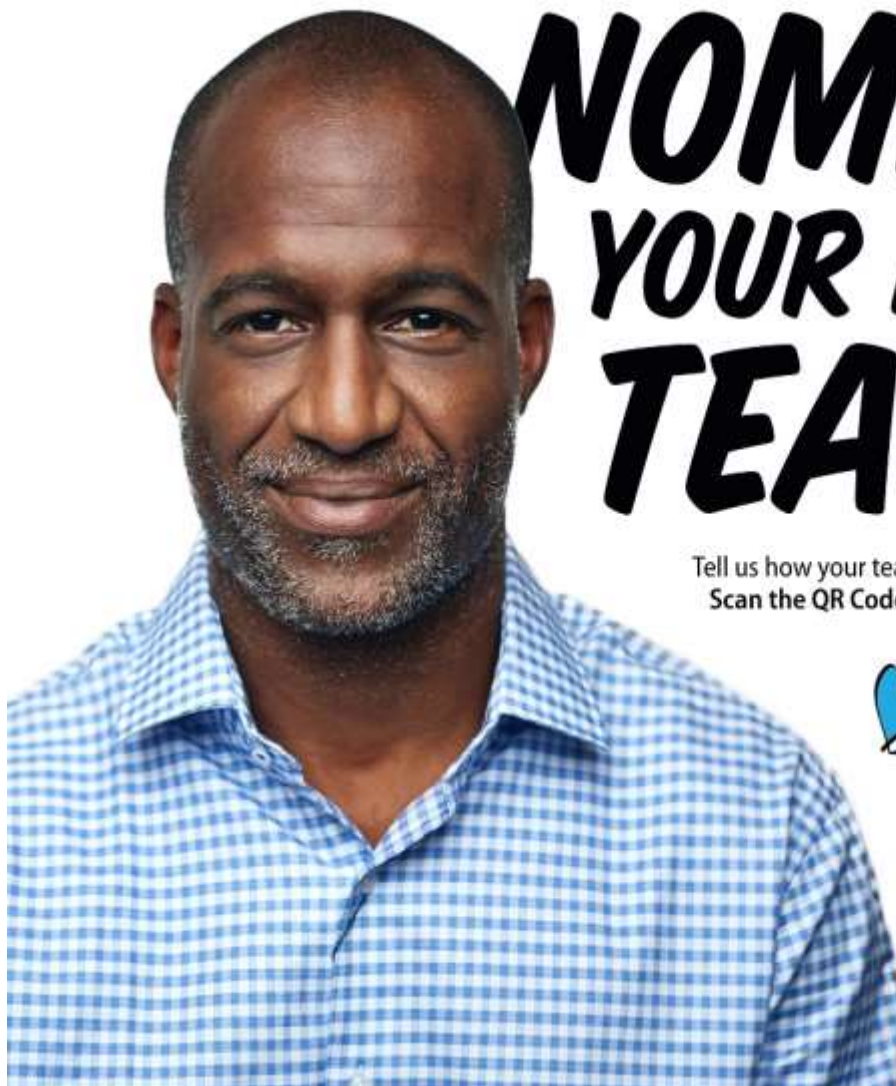
Nominate your favorite teacher: Citadel's Heart of Learning Award!

Honoring Teachers in Chester County!

CitadelHeartofLearning.com

The Citadel Heart of Learning Award has recognized over 270 teachers and awarded over \$216,000. We hope you will encourage students, parents, faculty, and administrators to nominate a deserving teacher for this year's program!

All nominations are accepted here: <https://www.citadelbanking.com/giving-back/citadel-heart-of-learning/citadel-heart-of-learning-nomination-form>



NOMINATE YOUR FAVORITE TEACHER!

Tell us how your teacher makes a difference.
Scan the QR Code to nominate a teacher.



CitadelHeartofLearning.com

   #HeartofLearning

Prom Dress Drive



~Proceeds from this sale are used to offset prom expenses for students in need~

Donations Needed:

- Gowns (modern, age appropriate, and dry cleaned)
- Where to drop off: Main Office at Downingtown East HS, Downingtown West HS, STEM Academy, or DASD Central Office
- Donation deadline: Monday, March 16th

Details of Prom Sale Event:

- Date---> Monday, March 30th 2019
- Time---> 4:00 to 7:00 pm
- Where---> Bold & Beautiful Hair Salon
3225 Lincoln Highway, Downingtown, 19335
- Pricing---> Gowns will be \$25

