

HEALTH CURRICULUM SUMMARY

The purpose of the Health Curriculum Summary is to present an overview of the Health Curriculum. Parents are the intended audience of the Health Curriculum Summary.

<p>Nutrition and Fitness</p> <ul style="list-style-type: none">• Introduce healthy versus non-healthy choices• Integrate importance of physical activities with physical education	<p>Personal /Consumer Health</p> <ul style="list-style-type: none">• Introduce personal health habits: germ control, sleep, exercise (integrated with Phys. Ed.), and healthful eating habits• Introduce dental health (exposure)• Integrate the five senses with the science curriculum
<p>Drugs, Alcohol, Tobacco</p> <ul style="list-style-type: none">• Introduce Say “NO” Red Ribbon program• Introduce good /bad drugs concept• Introduce good choice /bad choice concept• Introduce awareness of support services	<p>Injury Prevention and Control</p> <ul style="list-style-type: none">• Introduce Safety: home, fire, bus, playground, strangers• Identify Labels and Symbols (safe and unsafe)• Recognize emergency situations and appropriate responses
<p>Community and Environmental Health</p> <ul style="list-style-type: none">• Integrate with social studies (families) and Science Earth Week activities related to pollution	

BOARD APPROVED 7/2000

**HEALTH
GRADE KINDERGARTEN**