

HEALTH CURRICULUM SUMMARY

The purpose of the Health Curriculum Summary is to present an overview of the Health curriculum. Parents are the intended audience of the Health Curriculum Summary.

Nutrition and Fitness <ul style="list-style-type: none">• Introduce five food groups• Identify good nutrition and healthy eating	Personal /Consumer Health <ul style="list-style-type: none">• Develop personal health habits• Develop pro-social skills• Introduce and develop dental health
Drugs, Alcohol, Tobacco <ul style="list-style-type: none">• Develop concept of good/bad drugs• Introduce medicine use• Develop good choice/bad choice• Develop awareness of support services	Injury Prevention and Control <ul style="list-style-type: none">• Develop appropriate responses to emergency situations• Develop awareness of strangers and appropriate responses
Community and Environmental Health <ul style="list-style-type: none">• Integrate with social studies (families) and science Earth Week related to pollution	