

**HEALTH CURRICULUM SUMMARY**

The purpose of the Health Curriculum Summary is to present an overview of the Health curriculum. Parents are the intended audience of the Health Curriculum Summary.

<b>Nutrition and Fitness</b> <ul style="list-style-type: none"><li>• Introduce the food pyramid</li><li>• Classify foods into pyramids</li><li>• Identify need for nutrition</li></ul>	<b>Personal /Consumer Health</b> <ul style="list-style-type: none"><li>• Reinforce personal health habits</li><li>• Reinforce pro-social skills</li><li>• Reinforce dental health</li></ul>
<b>Drugs, Alcohol, Tobacco</b> <ul style="list-style-type: none"><li>• Reinforce decision-making</li><li>• Reinforce saying “no” strategies</li><li>• Introduce medicine safety (exposure)</li><li>• Reinforce awareness of support services</li></ul>	<b>Injury Prevention and Control</b> <ul style="list-style-type: none"><li>• Apply responses to emergency situations</li></ul>
<b>Community and Environmental Health</b> <ul style="list-style-type: none"><li>• Integrate with social studies (communities) and science Earth Week related to pollution</li></ul>	