

FAMILY & CONSUMER SCIENCES CURRICULUM SUMMARY

ONE PAGE COURSE SUMMARY

Ongoing assessments include but are not limited to products, projects, hand-on activities, peer & self-evaluation, post-test

Food Science & Nutrition

- Analyze the energy requirements and body composition for individuals at various stages of the life cycle
- Analyze the application of physical and chemical changes that occur in food preparation and preservation

Financial & Resource Management

- Analyze current conservation practices and their effect on future renewable and non-renewable resources (refuse, reduce, recycle, reuse)
- Explain the responsibilities associated with managing personal finances (savings, checking, credit, non-cash systems, investments)
- Delineate and assess the factors affecting the availability of housing
- Compare the influences of income and fringe benefits to make decisions about work
- Analyze how public, nonpublic and for-profit service providers serve the family.

Balancing Work, Family, & Community Responsibilities

- Solve dilemmas using a practical reasoning approach (Identify solution, reliable information, choice with consequences, plan of action, draw conclusions, reflect)
- Employ FHA action planning procedure as it applies to family, work and community decisions
- Analyze the space requirement for a specified activity to meet a given need
- Evaluate the impact of technology and justify the use/nonuse of it (e.g. safety, cost/budget, appearance, efficiency)
- Explain the influences of family life cycle stages on the needs of family & communities