

FAMILY & CONSUMER SCIENCES CURRICULUM SUMMARY

Ongoing assessments include but are not limited to: tests, quizzes, projects, essays, lab work/reports, models, discussion

Food Habits

- Investigate regional / world eating patterns & customs
- Research current trends

Guidelines for preparation / safety

- Interpret recipes
- Demonstrate proper safety and preparation techniques
- Incorporate the use of small appliances (pizzelle, pasta machines, etc.)

Nutrition

- Evaluate world food guide pyramids

Careers & Consumerism

- Analyze career options related to the Family & Consumer Sciences field
- Compare and contrast prepared foods vs. homemade foods