

**FAMILY & CONSUMER SCIENCES CURRICULUM SUMMARY**  
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**Getting To Know Me**

- Self Concept / Self Esteem
- Body Image
- Personality
- Character Development
- Identifying Values
- Decision Making
- Goals

**Communication Skills**

- Types of communication
- Barriers of communication
- Applying good communication skills

**Friendships**

- Levels of Friendship
- Friendship Qualities
- Bullying

**Dating**

- Who, what, where, when & how of dating
- Qualities of a date
- Decisions regarding dating
- STD's, fertility management and teen pregnancy
- Dating violence

**Marriage**

- Love vs. infatuation
- The engagement – purpose, legal issues, etc.
- The “science of marriage”
- Family finances, crisis, heredity etc.