2018-2019 Wellness Work

- Increased Focus on Mental Health
- Monthly Parent Workshops
- Expert Panel
  - January 2019
- Mental Health Round Tables
  - Community- February 2019
  - Student- Spring 2019
Round Table Feedback Themes

- Culture/climate (academic/stress balance)
- Staffing
- Parent Education
- Professional Development
- Student Education
- Inclusiveness/connectedness
- Technology
Wellness Subcommittees

- School Start Times
- Parent Education
- Student Education
- Professional Development
- Staffing
- Vaping
- Staff Resources
- Wellness Policy
- Data Tracking
- Technology
Subcommittee Participation

- Chaired by Wellness Committee Members
- Parents
- Community members
- Administrators
- Teachers
- School Board Members
Timeline and Next Steps

- Monthly Subcommittee Meetings
- Monthly District Wellness Committee Meetings
- Continued Work of the District
  - K-12 Universal Screening
  - Monthly Parent Trainings
  - Targeted and Differentiated Professional Development
  - Expansion of Schoolwide Positive Behavior Support
  - Implementation of new and expanded Health/Wellness curriculum
CTC Partnership With DASD to provide Professional Development in the Following Evidence-based Programs

- **Footprints For Life (K-2)** November 4, 2019 (K-5 Health and PE Teachers, Prevention Specialists)
- **Say it Straight (K-12)**- October 28, 29, 30 (7-8 Health and PE Teachers, Prevention Specialists)
- **Signs of Suicide (SOS)**- Marsh Creek, Parent Night November 6th