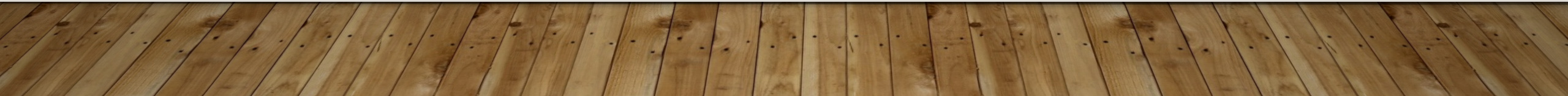


DASD SCHOOL START TIMES STAKEHOLDER COMMITTEE REVIEW



PURPOSE

- To investigate the viability of changing school start times to benefit students
 - Mental Health
 - Physical Health
 - Academic Success

IMPACT OF INSUFFICIENT SLEEP ON ADOLESCENTS

- Physical Health
- Mental Health
- Behavioral Health
- Risky Behavior
- Public Safety
- Academic Performance
 - Attendance
 - Memory
 - Standardized Test Scores

COMMITTEE PARTICIPATION

- 54 Participants
 - 2 Board Members
 - 3 Building Administrators (2 DASD Parents)
 - 9 Teachers
 - 31 Parents
 - 8 staff/parents
 - CO staff (transportation)
- Facilitated by administrative team

GOAL FOR 2021-2022

- Meet with other districts who have explored school start times
- Review relevant research
 - Joint State Government Commission on Secondary School Start Times
- Solicit stakeholder input
 - Parent survey
 - Committee work
 - Teacher survey
- Assess the pros and cons of a variety of options
- Make recommendation for next year and beyond
- **Start times will not change in 2022-2023**

COMMITTEE MEETING DATES

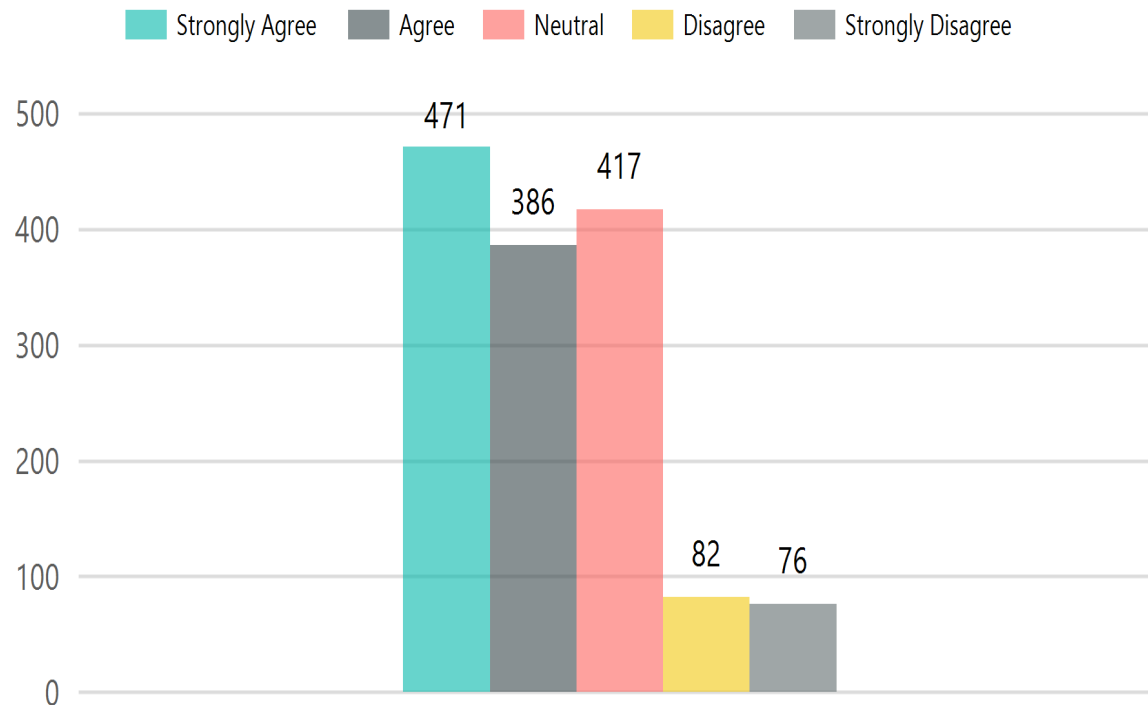
- 2/17- assess the **PROS** of each possible option
 - Review research and Survey Data
 - Identify alternatives and variations to consider
- 3/16- Assess the **CONS** and obstacles of each possible option
 - Identify any additional information that we need that we do not have
- 4/19- Make recommendation
 - Revisit research
 - Discuss other considerations

OPTIONS CONSIDERED

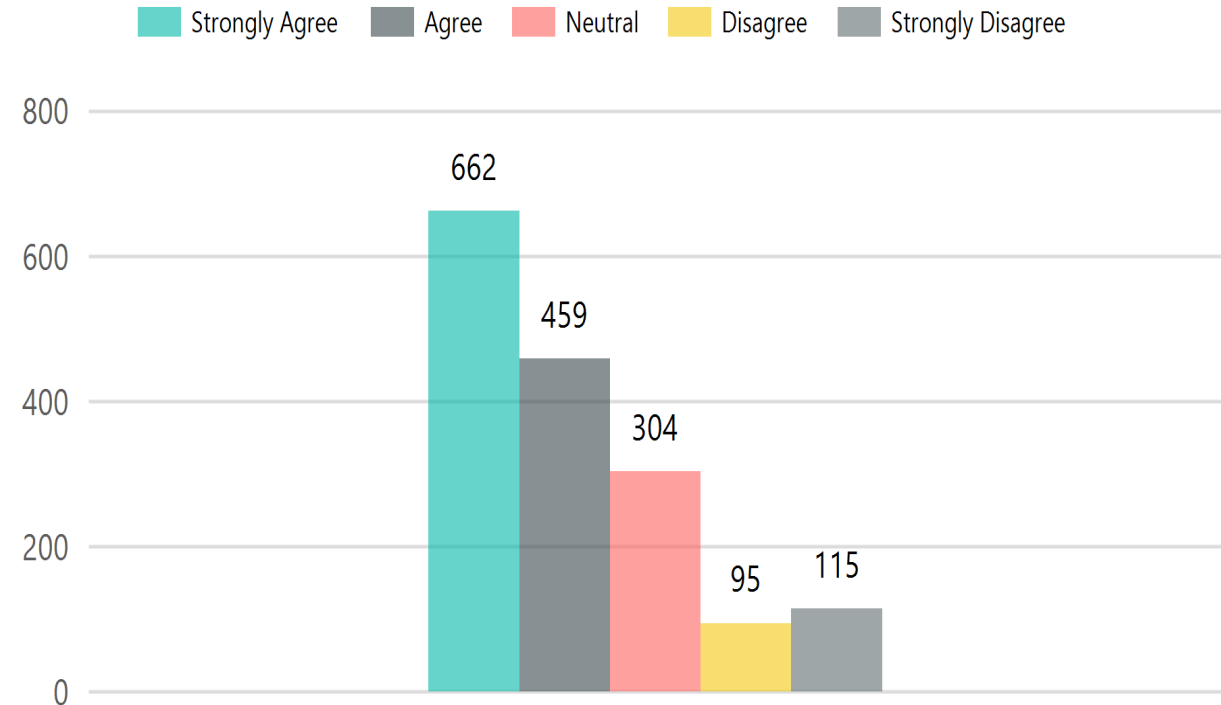
- Shifting the start and end times for Elementary and Secondary schools 1 hour later: **Estimated Additional Cost: \$660,000**
- Adding a 3rd bus run that would result in staggered start times for Marsh Creek, Elementary Schools, and Secondary Schools: **Estimated Additional Cost: \$770,000**
- Flipping the current Elementary and Secondary start times: **Estimated Additional Cost: \$0**
- Leveraging cyber/asynchronous learning to shift Secondary start times while keeping end times the same: **Estimated Additional Cost: \$13,000,000**
- No change: **Estimated Additional Cost: \$0**

PARENT SURVEY: THE ISSUE OF SCHOOL START TIMES IS IMPORTANT TO ME

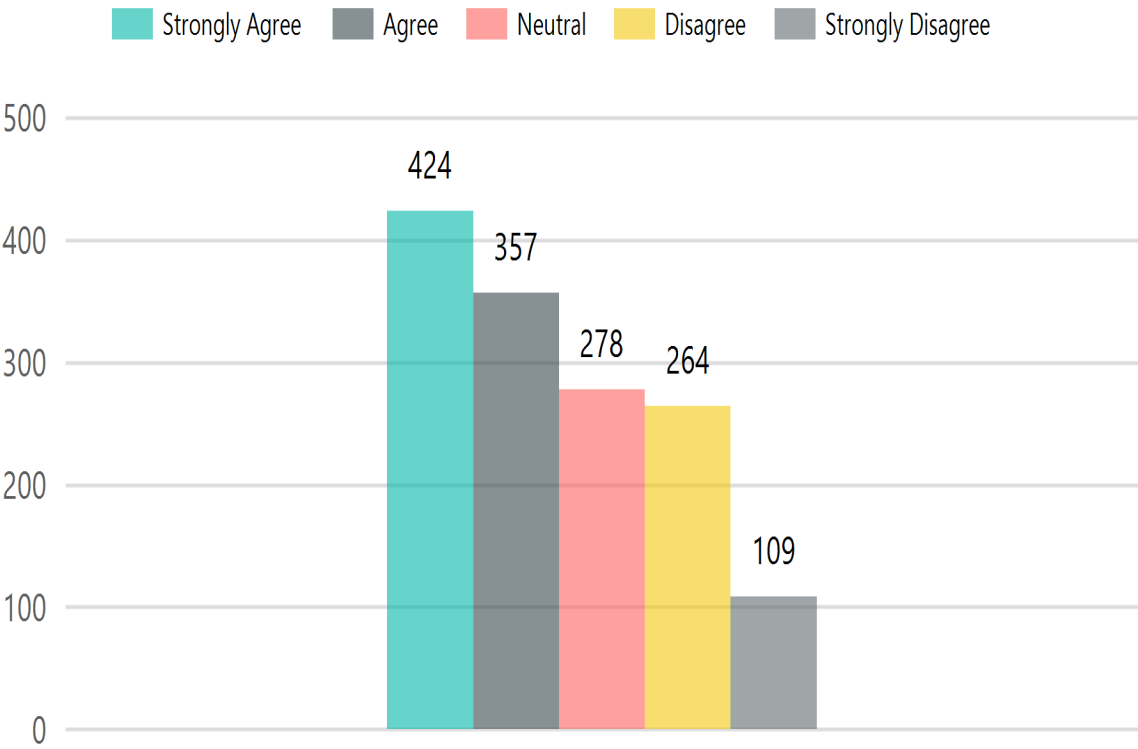
Elementary



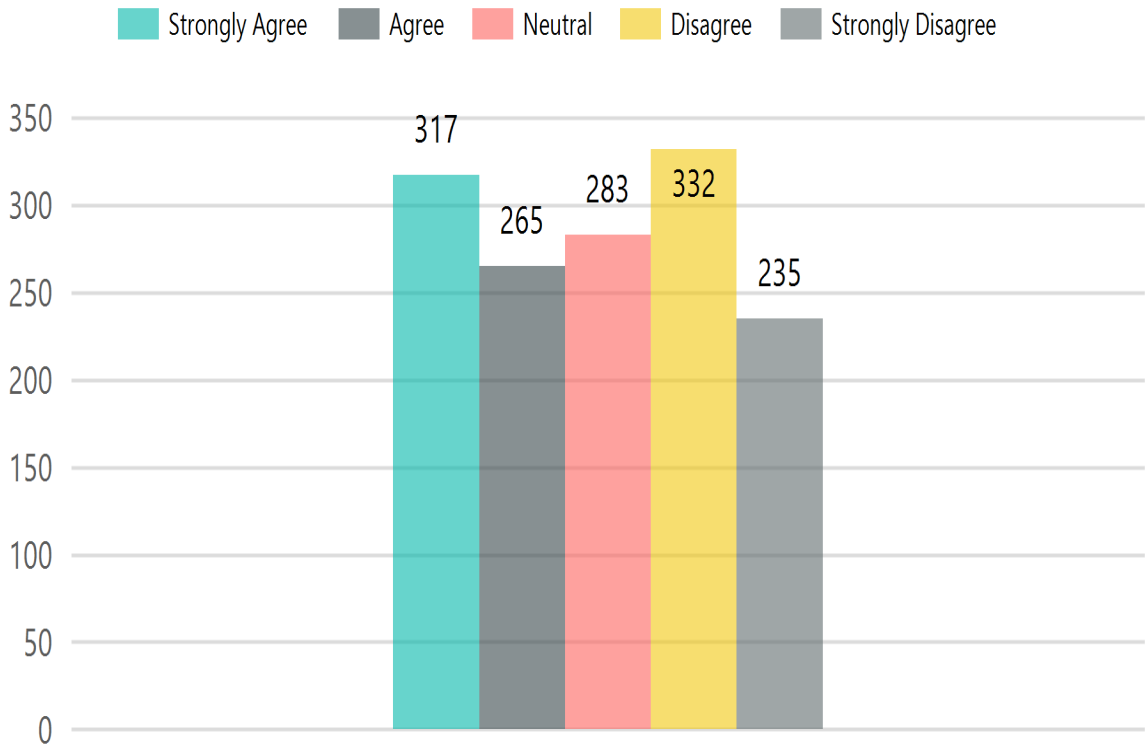
Secondary



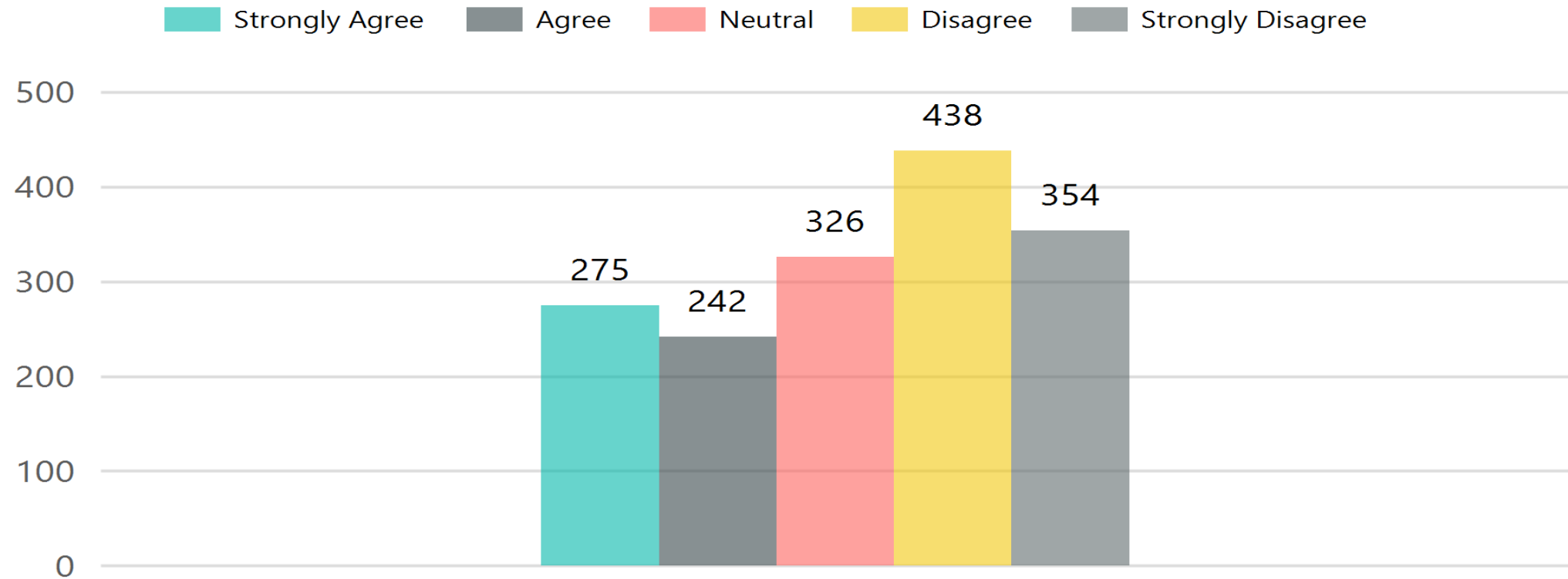
As the parent of an Elementary student, I would have reservations about my child waiting for a bus earlier in the morning



As the parent of an Elementary student, child care would be a challenge for me if my child got home earlier in the day than they do currently



As the parent of a Secondary student, ending the school day later would significantly impact my child's after-school athletics/activities

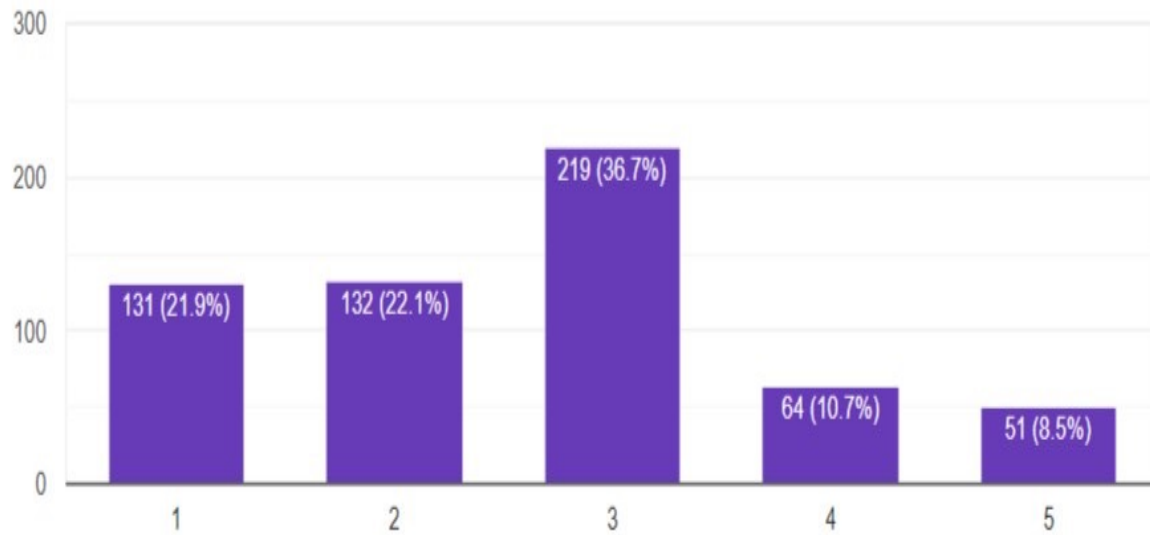


Teacher Survey

How would making a change to school start times impact your work?



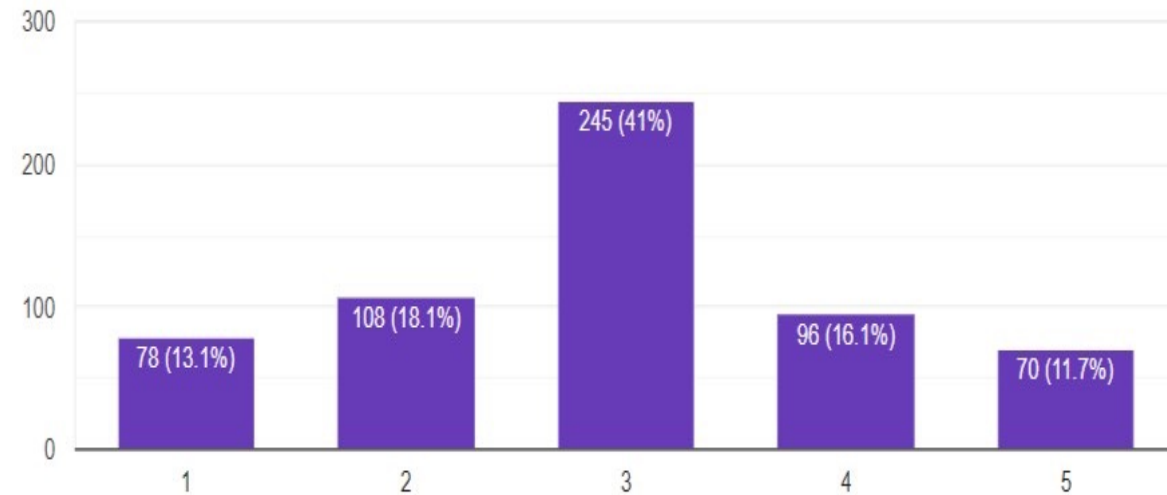
597 responses



How do you believe a change to school start times would impact the students you currently teach?

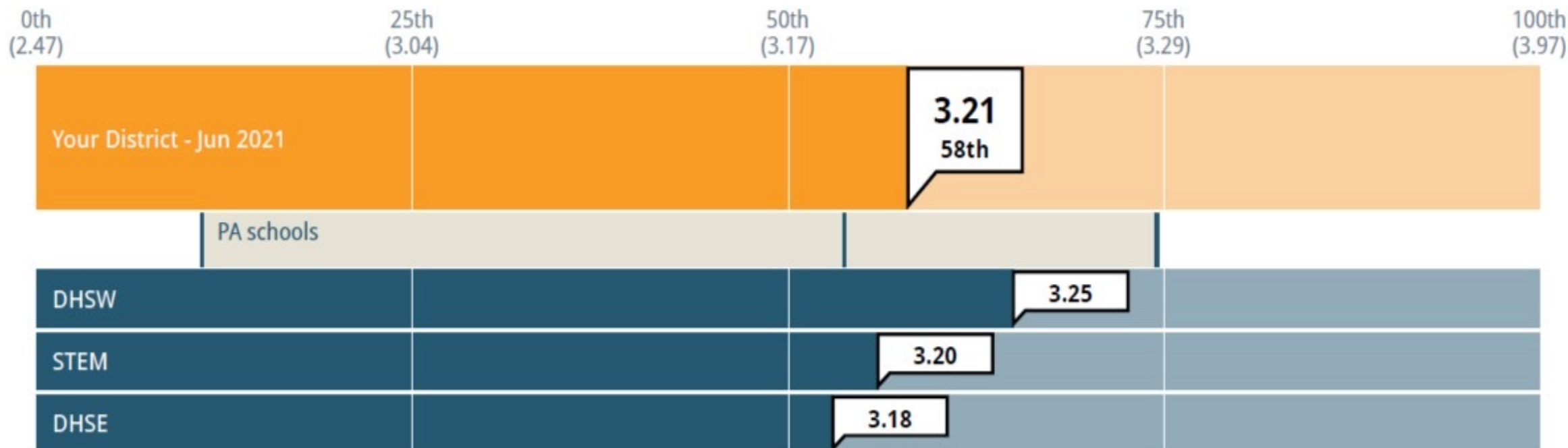


597 responses



I get enough sleep.

1 = Very Rarely 3 = Sometimes 5 = Very often



INFLUENCERS

- Future construction
- Bus driver shortage
- Instructional hours requirement
- Daylight savings time

RECOMMENDATION AND NEXT STEPS

- **Recommendation**
 - **Flipping the current Elementary and Secondary start times**
 - **Estimated Additional Cost: \$0**
 - **Consider pushing times later**
- **Next Steps**
 - Investigate logistics of recommended option
 - Engage additional stakeholders
 - Students
 - Teachers
 - Community at Large
 - Timeline: Determined by construction decision