Fit Fest for EveryBODY!
Shamona Creek Elementary School
Wednesday, February 15th, 2017
6:00-8:00pm

All Shamona Creek Elementary students are invited to sign up to participate in this exciting event. Fit Fest is for EveryBODY and intended to increase education about health and wellness in our school. Sign up is limited to 140 students so please fill out the bottom portion of this form and return to the school office by February 3rd, 2017.

The Fit Fest participants will be divided into groups and rotate through four 20 minutes sessions throughout the building. All children will visit four stations in addition to the Wellness Station (Interactive vendor tables from organizations from our community). We will do our best to assign your child to the stations that most interest them. Parents are expected to stay at Fit Fest for the duration of the evening, we will even have some adult activities too.

If you have any questions regarding the Shamona Creek Fit Fest for everyBody, please email Santina Stutzman at sstutzman@alignedmedicalgroup.com

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Fit Fest for EveryBODY

Student's Name: ___________________________ Grade: _____________
Parent’s Name: ___________________________
Parent’s Email: ___________________________
Parent’s Contact # During the Event: ___________________________
Parent’s Signature: ___________________________ Date: _______________

* By signing this form you acknowledge that children must be accompanied by an adult to attend this event.

Please Rank Your Child's Preferences:

<table>
<thead>
<tr>
<th>Event:</th>
<th>Nutrition</th>
<th>Zumba</th>
<th>Stride and Girls on The Run</th>
<th>Yoga</th>
<th>Martial Arts</th>
<th>Soccer Agility Training</th>
<th>Wellness</th>
</tr>
</thead>
<tbody>
<tr>
<td>Preference: (1- Most Interested, 6- Least Interested)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>All Students</td>
</tr>
</tbody>
</table>