



# YMCA OF GREATER BRANDYWINE **STRIDE**

## YOU CAN MAKE A DIFFERENCE IN THE LIFE OF A BOY...**BE A COACH!**

Fun, life-changing after school programs for boys in grades 3 – 8. Programs combine training for successful completion of a 5K with lessons that develop and build character. Volunteers are needed at many schools throughout Chester County. Each site requires at least 2 coaches.



If you are interested in learning more about this amazing opportunity, contact **Sarah Bender**  
[Sbender@ymcagbw.org](mailto:Sbender@ymcagbw.org),  
or call 484-225-2151

Coaches **DO NOT** have to be runners

Coaches must be 18, but younger junior coaches are welcome too.

Program meets 2 times weekly starting September 19 and ends December 2.

The YMCA STRIDE 5K Challenge will be held on Saturday, December 3 in Downingtown

Coaches must attend coach training

Coaches receive all necessary materials and support throughout the program.

Teams of coaches encouraged. It's fun to coach with a friend.

**YMCA OF GREATER BRANDYWINE** [www.ymcagbw.org](http://www.ymcagbw.org)

**ASSOCIATION OFFICE** One East Chestnut Street, West Chester, PA 19380 610-643-9622 **BRANDYWINE YMCA** 295 Hurley Road, Coatesville, PA 19320 610-380-9622  
**JENNERSVILLE YMCA** 880 West Baltimore Pike, West Grove, PA 19390 610-869-9622 **KENNETT AREA YMCA** 101 Race Street, Kennett Square, PA 19348 610-444-9622  
**LIONVILLE COMMUNITY YMCA** 100 Devon Drive, Exton, PA 19341 610-363-9622 **OCTORARA PROGRAM CENTER** 104 Highland Road, Suite 1, Atglen, PA 19310 610-593-9622  
**OSCAR LASKO YOUTH PROGRAM CENTER** One East Chestnut Street, West Chester, PA 19380 610-696-9622 **UPPER MAIN LINE YMCA** 1416 Berwyn-Paoli Road, Berwyn, PA 19312 610-647-9622  
**WEST CHESTER AREA YMCA** 605 Airport Road, West Chester, PA 19380 610-431-9622 **Y AT GREAT VALLEY** 10-20 Liberty Boulevard, Malvern, PA 19355 610-644-6575