

Spring/Summer 2018

Chester County Mental Health Resources



Chester County Department of Mental Health/Intellectual & Developmental Disabilities

Government Services Center, 601 Westtown Road, Suite 340, West Chester, PA 19380-0990 • 610-344-6265 • www.chesco.org/mhidd

For a Mental Health Emergency:

Valley Creek Crisis Intervention is a free, 24/7 service for all county residents regardless of insurance status. Calls are confidential and may be anonymous. Located at 469 Creamery Way, Exton • **Crisis Hot Line: (610) 280-3270** or toll free at **877-918-2100**.

A consumer-run **Warm Line** is for non-emergency conversations with trained Certified Peer Specialists: **1-866-846-2722**.

Valley Creek Crisis Center provides: Telephone Crisis Counseling • Walk-In Center • Community-Based Mobile Outreach • Adult Crisis Residential Program, which provides short-term (up to 10 days) voluntary residential care to help stabilize individuals in a mental health crisis, and help avoid hospitalization.

Non-Emergency Treatment Services in Chester County:

Core providers (which are facilities that provide administrative direction, coordination of care, and clinical services) will do the preliminary assessment of a person's mental health and recovery needs. These core provider agencies are **listed in bold** (under child and adult services) below and will develop a service plan so you can get the help you need.

If you have Medical Assistance, call Community Care Behavioral Health at 1-866-622-4228.

The customer service representatives can offer referrals to providers for inpatient and outpatient psychiatric services.

Have you or a loved one experienced trauma?

Chester County Mental Health and Drug & Alcohol providers have been trained in various types effective trauma treatment. Please inquire when you call, or contact Chester County Department of Mental Health/Intellectual & Developmental Disabilities at the number above.

In PA, most children under age 19 with serious emotional & behavioral concerns will qualify for services covered by Medical Assistance, regardless of family income.

Find out more at:
www.dpw.state.pa and www.chesco.org.

Child Services:

Child Guidance Resource Center

Coatesville - 610-383-5635 or toll free at 1-866-799-3325

Devereux Community Services

Phoenixville - 610-933-8110 or toll free at 1-800-935-6789

Creative Health Services

Spring City - 610-948-6490

Holcomb Behavioral Health

Exton, PA 610-363-1488
Kennett Square - 610-388-7400
(*Latino Services Available*)

Adult Services:

Creative Health Services

Spring City - 610-948-6490
Phoenixville - 610-933-1223

Fellowship Health Resources

Phoenixville - 610-415-9301

Holcomb Behavioral Health

Exton, PA 610-363-1488
Kennett Square - 610-388-7400
(*Latino Services Available*)

Human Services, Inc.

Downingtown - 610-873-1010
or 610-873-1005
Oxford - 610-998-1807;
Coatesville - 610-380-9982
(*Latino Services at some locations*)

Penn Psychiatric Services
Phoenixville • 610-917-2200

Carelink Career Services
West Chester • 610-429-1702, ext. 102

Veteran's Services:

Coatesville VA Medical Center

1400 Blackhorse Hill Road
Coatesville • www.coatesville.va.gov
610-384-7711 or 1-800-290-6172

To schedule an appointment, call
610-384-7711 extension 4239

Eligibility information, call
610-384-7711 extensions 5008 or 5034
**Veteran's Crisis Line, call
1-800-273-8255**

Caregiver Support Line, call toll-free
1-855-260-3274

Homeless Veteran hotline, call toll-free
1-877-424-3838

<http://www.nationalresourcedirectory.gov>;
on line "live chat":
<http://www1.va.gov/homeless>.

CVAMC Community Based
Outpatient Clinics, contact:

Springfield Outpatient Clinic
194 West Sproul Road, Suite 105
Springfield • 610-543-3246

Spring City Outpatient Clinic
11 Independence Drive, Spring City
610-948-0981

For Legal Concerns:

Mental Health Recovery Court - This is a collaboration of the Departments of Mental Health and Criminal Justice that assists adult Chester County residents with serious mental illness arrested for criminal charges, yet do not pose a risk to public safety. The objective is to have the arrested person pursue intensive mental health services instead of facing prosecution.

Call 610-344-6290 or 6265

Mental Health information, support and advocacy in Chester County

Compeer (*Recovery through Friendship*)

This is an affiliate of the national non-profit that matches persons with mental illnesses in one-to-one friendships with caring, trained community volunteers. A program of the Mental Health Association. 610-436-4445 • www.compeer.mhasp.org/chester-home

NAMI Chester County (*National Alliance on Mental Illness*)

This is an affiliate of the national non-profit that provides support, education and advocacy for the family members of people living with mental illness. 484-947-5643 • chester.nami.org

Voice & Vision — www.voiceandvisioninc.org

Chester County's Consumer/Family Satisfaction Team, this group is contracted to survey individuals about their satisfaction with the public mental health system. 1-800-734-5665

ChescoLife Program — www.accessservices.org

Part of Access Services, ChescoLife helps families who have a child or adolescent struggling with emotional, behavioral, or social needs. Concerned parents may call 215-429-8383 without a formal referral.

Community Support Program (CSP)

Part of a state-wide coalition to help adults with serious mental illnesses live successfully in the community. Contact Chester County MH/IDD for information about CSP. www.cheso.org/mhidd.

Chester County Suicide Prevention Task Force (CCSP)

This is a coalition of stakeholders working to prevent suicide in Chester County. It holds free educational trainings and programs, as well as musical concerts to increase awareness in the community. www.chestercountysuicideprevention.com

The Arc of Chester County

This local non-profit provides advocacy and parent support groups, as well as a Special Education Advocate to help parents navigate school services for children with various special needs, including autism. Call 610-696-8090. www.arcofchestercounty.org

Chester County Intermediate Unit— www.cciu.org

A mentor provides direct support to parents, and assists districts in programming to meet families' needs. Call 484-237-5123.

Chester County/Main Line CHADD (*Children & Adults with ADHD*)

This affiliate of the national non-profit works to improve the lives of those living with ADHD. 610-429-4060 www.chadd.net

Child & Family Focus — www.childandfamilyfocus.org

This faith-based non-profit is contracted for specific services, including respite care, Children's Review Team and Youth and Family Teams for Chester County families. Call 484-732-8459.

Psychiatric Rehabilitation (Psych Rehab) Programs

Clubhouses, designed to help people who need to develop or improve social and job skills, enable members to participate in a work-ordered day. Chester County has 2 programs:

1. Stepping Stones Clubhouse

1219 East Lincoln Highway, Coatesville • 610-384-6058

2. Cornerstone Clubhouse

224 Hall Street, Phoenixville • 610-935-2290

Boston Model Program focuses on individual skill building but are not linked so closely to work expectations. Chester County has 2 programs:

1. Fellowship Health Resources

723 Wheatland St., Phoenixville • 610-415-9301

2. Transitions at Human Services, Inc.

520 East Lancaster Ave., Downingtown • 610-873-1005

Crossroads Recovery Center (*through Horizon House, Inc.*)

This center is run by certified peer specialists and individuals who have experienced mental health challenges. It is open to those 18 and older who are seeking connection to services, supports, and other adults using mental health services. The facility offers a computer lab, activities, support groups, a resource library, laundry room, shower and more. The center also houses other mental health programs, including the Stages Arts Initiative, which provides programming for creative enrichment and wellbeing through music and art. Contact Crossroads Recovery Center, located at 825 Paoli Pike, West Chester • 610-429-1702.

Learn More About Mental Health — Educational Opportunities

FREE **Mental Health First Aid** certification classes teach individuals to help adults or youth who are developing a mental health problem or a mental health crisis. The 8-hour class may be delivered in one or more sessions. Contact the COAD Group in Exton (610) 363-6164 to get the upcoming class schedule, or visit www.chesco.org/mhidd for posted class flyers. Other researched, evidence-based classes are available at no cost to participants for suicide prevention and Community Conversations about Mental Health are also offered. Contact Chester County MH/IDD for information. 610-344-6265 • www.chesco.org/mhidd

Resources for Drug & Alcohol Services

Chester County Department of Drug & Alcohol Services can help with information or treatment. Call 610-344-6620. The website has information on how to access service as well. www.chesco/drugandalcohol.

An Information & Referral line, available M-F, 8:30-4:30, through COAD, provides information on all local providers of services.

Call toll free—**1-866-286-3767**. Prevention and Education Services for Chester and Delaware Counties are available through Holcomb Behavioral Health Systems, 126 E. Baltimore Pike, Media • 484-444-0412 • www.holcombprevention.org.

Additional Resources for Social Services:

Chester County's Refer Web: www.referweb.net/chesco

The United Way's 211: www.211sepa.org or dial 211

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