



Curriculum Updates

Health/PE, World Language, ELA



Health and PE Department - UPDATES

Purpose:

1. Update curriculums to create a more cohesive K-12 Health Program that conforms to the National Health Education Standards
 - a. Nutrition and Physical Activity
 - b. Alcohol, Tobacco, and Other Drugs
 - c. Personal and Sexual Health
 - d. Social, Mental, and Emotional Health
 - e. Communicable and Noncommunicable Diseases
 - f. Intentional and Unintentional Injuries
2. Develop a functional, effective working relationship between Pupil Services and Health and PE (*Focusing on Mental Health*)
3. Utilize similar language across the board so that our students are set up for success

Health and PE Department - UPDATES

High School

10th grade Health Course - Rewrite this spring (starting April 8) and completed by May 31.

9th grade Wellness Course - Created 4 standard mental health lessons, working on finishing #5 & #6

- Stress
- Coping Strategies and Emotions
- Digital Stress
- Emotional Health Goals
- What does help look like (Guidance Department)
- Accessing Resources

All curriculum is being guided by the National Health Education Standards using performance indicators that are from the CDC's Health Education Curriculum Analysis Tool

Health and PE Department - UPDATES

Middle Level

Grades 6, 7, & 8 - Curricular rewrite to accommodate for the change in the course of study

- 6th grade gets a health class (meets 2x/cycle)
- 7th and 8th become mandatory (7th grade course will absorb the First Aid Certification portion)

Grades 6, 7, & 8 will also be creating standard lessons based on Mental Health topics

- Coping Strategies
- Suicide
- Accessing help and resources

All curriculum is being guided by the National Health Education Standards using performance indicators that are from the CDC's Health Education Curriculum Analysis Tool

Health and PE Department - UPDATES

Elementary Level

2019-20 rewrite for grades K-5

Health and PE teachers are currently addressing the following topics in grades 3-5:

- Human Growth and Development
- Drugs, Alcohol, and Tobacco
- Nutrition
- Emergencies
- Bullying

Guidance is currently pushing into classrooms addressing Mental Health issues through “Habits of Mind”

- 16 problem solving, life related skills necessary to effectively operate in society
- Provide students with skills to work through real life situations and obtain positive outcomes
- Goal is to utilize similar language in Health and PE curriculums/classes to create a more fluid connection between pupil services and the HPE department to help our students grow.

Gathering information about what is happening and how best to implement K-5 Health curriculum

Health and PE Department - UPDATES

Resources

Researching and vetting resources for teachers to use as well as for Professional Development

ETR Associates - Health Smart

- comprehensive K-12 health education program
- based on the National Standards
- built on research and best practice
- “evidence informed” and endorsed by the CDC
- The program comes in both print and digital forms

Health Smart aligns with our current curriculums, as well as the revisions that currently being written!

We are requesting to purchase one print and one digital copy per school for our teachers to use as a resource across the entire health curriculum.

All HPE Teachers will receive training on how to best implement this resource immediately

World Language Department - UPDATES

Friday, March 1

~World Language teachers collaborated and created draft 1 of topics and objectives to be covered in 6th and 7th grades, during the 2019-2020 school year.

~6th and 7th grade students will attend WL classes 2 times per 6 day cycle.

**This was voluntary. Grades 6-12 were represented.

Draft was sent to all department members for input/feedback on Monday,
March 4.

World Language Department - UPDATES

Thursday, March 7 - A team of teachers wrote the majority of the curriculum for the 2019-2020 6th grade students.

2 major units: Family and Food. Topics such as date, weather and basic conversations will be covered daily.

Team members: Charlene Bigelow, Shauna Brown, Judy Deppen, Katharina Fachin-Lucas, Laura Smith and Stacy Tukloff-Vansant

Draft was sent to all department members for input/feedback on Monday,
March 11.

World Language Department - UPDATES

Thursday, March 14 - The team worked on the vocabulary, Can Do Statements (objectives) and assessments for the 6th grade units.

Team members: Charlene Bigelow, Shauna Brown, Judy Deppen, Katharina Fachin-Lucas, Sonya Legere, Laura Smith and Stacy Tukloff-Vansant

-Vocabulary lists contain a common group of words, as well as an expansion list.

World Language Department - UPDATES

~**April 2:** team worked to complete 6th grade curriculum and resource bank, and begin the 7th grade course following the same structure.

~**7th grade major units:** School and Clothing, while continuing to review and strengthen concepts learned during the 6th grade year.

~**Benchmarks:** we are considering an assessment after every 15 classes.

Updated draft will be sent to department members for input/feedback on April 5.

World Language Department - UPDATES

~One more day of writing in May, date TBD.

~Curriculum documents and resources will be shared with all department members the week of May 28th.

ELA Middle Level Curriculum Update

Grade 6 Curriculum Revisions:

- ELA split into **two (2) periods:**

Literature and Writing, six (6) times per cycle

- **UbD Frameworks complete** with resources and common summative assessments
- Additional **flexible novel selections**

ELA Middle Level Curriculum Update

Grade 7 Curriculum Revisions:

- **ELA split into two (2) periods:** Literature and Writing, six (6) times per cycle
- **UbD Frameworks complete** with resources and common summative assessments
- Advanced Writing and Contemporary **Writing course content included**
- Additional **flexible novel** selections

ELA Middle Level Curriculum Update

Grade 8 Curriculum Revisions:

- ELA remains in **one period, six times per cycle**
- **UbD Frameworks complete** with resources and common summative assessments
- Advanced Writing and Contemporary **Writing course content included**
- Additional **flexible novel** selections