



IN-SCHOOL MENTAL HEALTH PROGRAMS



CURRICULUM

- Elementary school counselor lessons in all grades K-5
- Mental health education added to health curriculum in grades 7-12
- Signs of Suicide program at Marsh Creek Sixth Grade Center
- [QPR Suicide Prevention Training](#) for all ninth graders

COMMUNITY

- [Parent Speaker Series](#)
- Community & Student Round Tables
- 2018 Community Mental Health Panel
- Creation of community [Wellness Committee](#)

STAFF

- [37 School Counselors](#)
- [10 Prevention Specialists](#)
- 14 School Psychologists
- 1 Student Assistance Specialist
- 5 Elementary Behavior Specialists
- 2 Mental Health Specialists at DHSE and DHSW (Emotional Support classrooms)
- 2 Home & School Supervisors

DASD values collaborative learning and critical thinking while remaining focused on student wellness and serving the whole child.

DASD is committed to promoting safe and supportive schools for a positive school culture that celebrates our diverse community and healthy social and emotional development.

STUDENT PROGRAMS

DASD utilizes a variety of research-based practices to support behavioral and mental health needs of students, including:

- [Positive Behavioral Interventions and Supports \(PBIS\)](#)
- [Student Assistance Program \(SAP\)](#)
- MTSS systems for early identification of behavioral support needs
- Suicide screenings and assessment K-12
- Review 360 student screenings
- Access to a variety of student clubs that support DEI as well as healthy social and emotional development

NEXT STEPS DASD is reviewing our curriculum, student services and community outreach initiatives and expanding our programming in the following areas:

- District-wide audit of mental health services and programming
- Second Step (social emotional learning) curriculum K-8
- Review of high school health curriculum related to mental health
- Additional peer and staff training in mental health and self-care
- Continued community programming through our Speaker Series
- Community summer panel with mental health experts