DOWNINGTOWN AREA SCHOOL DISTRICT

WHAT TO DO IN CASE OF A WORK-RELATED INJURY

EFFECTIVE JULY 1, 2021 THROUGH JUNE 30, 2022

If you suffer a work-related injury, your health and wellbeing are our first concern. If the injury is of a serious nature and requires the assistance of an ambulance or rescue personnel, they should be contacted immediately. If the injury is of a less serious nature, the following procedures must be followed:

1. If you suffer a work-related injury, the first thing you MUST do is report the injury to your supervisor. S/he or a designated person in your building will provide you with an SDIC packet, and your first step is to call SDIC @ (800) 445-6965 or go online at sdicwc.org (click the “Report a Claim” button). You must also call Kimberly Gardner, Benefits Coordinator.

2. If you require a prescription for your work-related injury or disease, do not use your personal health plan prescription card. Please use the Mitchell International First Fill Sheet which you will receive in the claim package. When you call in your report of injury to SDIC, they will assign you a claim number. Please use this claim number when seeing a panel physician.

3. If you suffer a work-related injury, DOWNINGTOWN AREA SCHOOL DISTRICT or our insurer will pay reasonable surgical and medical services and supplies, orthopedic appliances and prosthetics, including training in their use when needed. In order to insure that your medical treatment will be paid for by Downington Area School District or our insurer, you must select from one of the health-care providers listed below for your initial care:

Patient First
967 East Lancaster Ave
Downingtown, PA 19335
(484) 593-5160

Area of Specialty: Occupational Medicine

Ingleside Medical Associates (Multiple Locations)
200 Municipal Drive
Thorndale, PA 19372
(610) 383-6300

Area of Specialty: Family Medicine

Premier Orthopaedic & Sports Medicine
491 John Young Way, Suite 210
Exton, PA 19341
(610) 644-6900

Area of Specialty: Orthopedics

Rothman Institute (Multiple Locations)
600 Evergreen Drive, Suite 201
Glen Mills, PA  19342
(800) 321-9999

Area of Specialty: Orthopedics

Main Line Health Occupational and Travel Health
154 Exton Square Parkway
Exton, PA 19341
(484) 565-1293

Area of Specialty: Occupational Medicine

Premier Orthopaedic & Sports Medicine
390 Waterloo Boulevard, Suite 200
Exton, PA 19341
(610) 594-2009

Area of Specialty: Orthopedics

Lancaster Orthopedic Group
231 Granite Run Drive
Lancaster, PA 17601
(717) 560-4200

Area of Specialty: Orthopedics

Dental
One Call Care Management
(888) 539-0577

For Prescriptions
Please use your Mitchell International card at your local pharmacy.

Levin Luminais Eye Associates
3000 CG Zinn Road
Thorndale, PA 19372
(610) 384-9100

Area of Specialty: Ophthalmology

The Occupational Health Center
915 Old Fern Hill Rd., Building A, Suite 3
West Chester, PA 19380
(610) 738-2450

Area of Specialty: Occupational Medicine

Premier Orthopaedic & Sports Medicine
915 Old Fern Hill Rd., Building A, Suite 1
West Chester, PA 19380
(610) 692-6280

Area of Specialty: Orthopedics

Philadelphia Hand Center (Multiple Locations)
950 Pulaski Drive Suite 100
King of Prussia, PA 19406
(800) 971-4263

Area of Specialty: Orthopedics

For MRI/EMG/CT Scan
One Call Care Management
(800) 453-0574

- or -
Apricus (Formerly PCS)
(866) 932-5779

For Physical Therapy:
NovaCare Rehabilitation
(866) 723-NOVA

- or -
One Call Care Management
(866) 389-0211

For Durable Medical Equipment
One Call Care Management
(800) 848-1989

- or -
Apricus (Formerly PCS)
(866) 932-5779
(Walkers TENS-Unit Orthotics Etc.)
4. Please call in advance for an appointment if you need treatment. You must continue to treat with one of these providers for ninety
(90 days) from the date of your first visit.
5. If, after this ninety (90) day period, you still need treatment and the Downingtown Area School District has provided this list as
set forth above, you may choose to continue with this health care provider, or you may choose another provider. You must notify
Kimberlee Gardner, Benefits Coordinator of this action within five (5) days of your first visit to the health care provider of
your choice. Your bills will be paid if you have provided proper notice and if your provider files reports as required. (These
reports must be filed within ten (10) days after your first visit and at least once a month for as long as treatment continues.)
6. If one of the health care providers listed above refers you to a specialist, the Downingtown Area School District or our insurer
will pay for these services as provided by law. All workers’ compensation claims will be processed on behalf of the School District
by:

SCHOOL DISTRICTS
INSURANCE CONSORTIUM
P.O. BOX 1249
NORTH WALES, PA 19454
Phone: (800) 445-6965

ACKNOWLEDGMENT: I have been informed of and understand my rights and duties as specified herein.

Signature: __________________________ Date: ________________

Please Print Name: __________________________

*At the time of distribution, this information is accurate to the best of our knowledge. This panel is subject to change based on
information received from the medical provider.